



KIRBY MUXLOE PRIMARY SCHOOL

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Friday 3rd July 2026

Proposed Snack and Packed Lunch Expectations – Autumn 2026 onwards

Dear Parents and Carers,

Further to previous communication about our need to provide expectations around what should be brought in for breaktime snacks and packed lunches, I would like to share our proposals below. As already stated, this an area we have been considering for a while as we are unusual amongst schools to not have such guidance. Our recent Ofsted inspection also highlighted this as an area for us to address as we seek to work in partnership with you to teach children how to eat healthily as part of a balanced diet and ensure that their food choices help them to concentrate and focus through the school day.

These are not fully finalised and I would welcome any comments you may have. I will then look to finalise ahead of the return to school in late August.

Morning Snacks	Water or milk Cheese Yoghurt/ yoghurt tube Fruit (fresh or dried) Vegetables Crackers Cereal bars - non chocolate Rice cakes Plain popcorn
Packed Lunches	<u>General items</u> Snack items as above+ Salad Sandwiches Cold pasta/rice <u>In Moderation</u> Crisps Small cake or biscuit Pastry based items
Not to be brought for either snack or packed lunch	Products containing nuts - including Nutella or other hazelnut spread based foods Chocolate Bars Fizzy or energy drinks Sweets or confectionary

Please send any ideas via the school office.

Yours faithfully

Elliot Howles – Headteacher



Headteacher: Mr Elliot Howles
Deputy Headteacher: Mr Nicholas Holt
Company Registration No. 8702056

