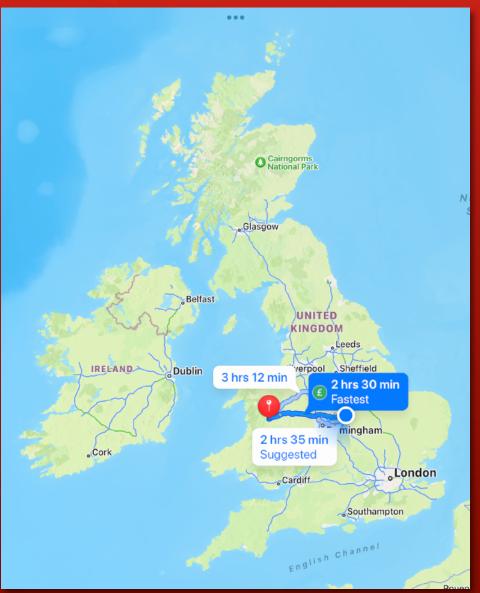
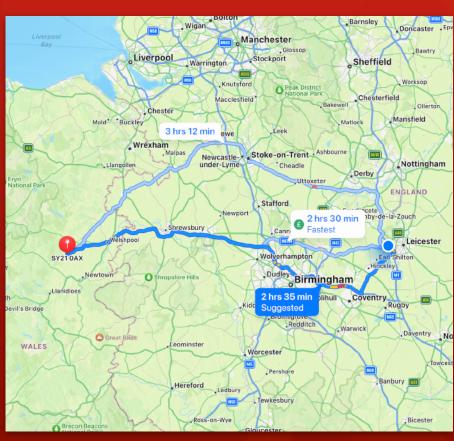


"The centre has provided specialist outdoor education courses to Primary and Secondary school children for over 40 years, and is licensed to do so by the Adventure Activities Licensing Service (AALS)."

## Where is Redridge?





## Staffing...



Mr Holt - Trip Leader
Mrs Orton - Deputy TL
Mrs Newbury
Mrs Carvell - Medical needs
TBC

#### Before we go...

A full kit list will be sent on Monday 8th April (named Redridge Itinerary Kit List 2024)

- Please make sure that you supervise your child when they pack their bags, as they will have to pack their own bag for returning home.
- ✓ It is a good idea for the child to write a list of everything they have in their bags, so when they are packing they can tick off that they have got everything. All items fully labelled including KMPS (we possibly will not be the only school).
- ✓ Bags need to be of a reasonable size!

It is important that your child has the following things:

- Indoor Footwear (All children need a pair of slippers; outdoor shoes are not allowed to be worn inside.)
- Jumper/Dressing Gown/Onesie (Children will need a jumper to wear in the evenings – separate one to wearing during activities)
- Hat and Gloves / Sun Screen and Sun hats
- Nightwear (Children will need sensible, lightweight pyjamas)

## Be prepared for all types of weather!







#### Medicines...

- ✓ Medical forms will be sent out on Monday 8th April.
- ✓ Any medicines need to be clearly labelled with child's name and dosage and should be handed to the school office by the Friday before departure (26th April). We can only administer medication specified on medical forms.
- ✓ We do realise that some medications will be needed right up to the departure date but, if possible, please bring pre agreed/non essential medications to the office by Monday 20th May to avoid confusion on the morning of departure.
- ✓ If your child needs travel sickness medication please give it to your child before arriving on Monday morning. Any travel sickness pills for later in the week should also be handed to in to the school office in advance. This needs to be on the medical form in a child friendly dosage.
- ✓ If your child has a prescribed inhaler or epipen, it needs to be carried by the child at all times.

#### Additional Information...



- ✓ Please make sure that any food sent with the children for packed lunches/snacks adheres to all food safety guidelines.
- ✓ No fizzy drinks.
- ✓ Children are allowed to take £5-£10 spending money if they would like to visit the gift shop on the Thursday evening.

#### Sleeping Routines...

- ✓ It would be extremely helpful to the staff supporting at Redridge, if we know in advance of any sleep/night time related conditions.
- ✓ These only need to be reported if they are unusual and can be added to the medical form. Alternatively, you can talk to your child's class teacher directly.

## Departure...



- Assemble at Village Hall car park at 9:15am (Medicines to staff)
- Leave by 9:30am
- 1 stop at Telford Services on the way for a toilet break.
- Arrive at Red Ridge Centre at approximately 12:30pm
- Orientation and settle into bedrooms.
- Lunch (Children need to bring a packed lunch with them)
- Afternoon Activity
- Dinner
- Evening Activity

#### Rooms...



- The rooms can be sized from 2 8 people in a room.
- The children will be asked to choose 2 people who they would like to share a room with and we will do our best to accommodate their wishes.
- The children need to think carefully about who they choose to be with. Being away from home and being with someone 24 hours a day is very different to being in a classroom.
- The children will find out their rooms on arrival at Red Ridge.

## Groups...

- The children will be split into groups, each one having a member of staff allocated to them.
- The groups will be different to the room groups so they are not with the same children the whole week.
- The children enjoy telling each other about their experiences each night with their room mates.



## Food/Dining...



- The children eat together in a communal dining room. Meals are served from a hatch that have access to all dietary information provided. Tea/Coffee/Juice/Water are available.
- There are really good options available for breakfast and dinners. After each meal, the children will be responsible for cleaning and tidying the dining room.
- Children will make their own packed lunches for the following day's activities. Be careful!

## Activities...



- All of the activities are lead by a member of staff from Red Ridge, as well as being supported by the KMPS staff allocated to that group.
- All activities are 'progressive'.
- Children are not forced into doing anything, however they are encouraged to 'give it a go.'

#### Zip Wire, Climbing Frame & Artificial Caves...



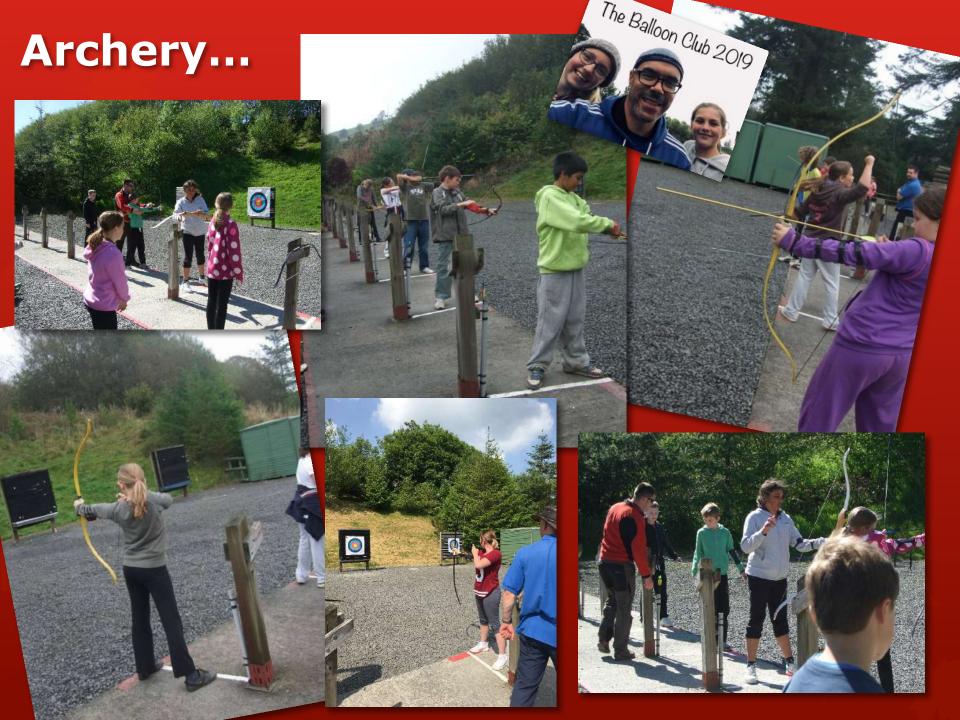
#### Rock Climbing, Abseiling & Caving...





#### Hill Walking & Kayaking...





#### Responsibility & Behaviour...

- Listen.
- Look after yourself and each other.
- Behave at all times to remain safe.
- Remember your manners.
- Try new things.
- Get used to assessing risks.
- You are representing Kirby Muxloe Primary
   School which has built an excellent relationship
   with the staff at Red Ridge.

Most importantly...

# Don't forget to enjoy yourself!

'It goes too fast!'

#### **Coming Home...**



- Friday Depart for Kirby Muxloe at approximately 12:30pm
- 1 stop at Telford Services on the way for a toilet break.
- Pick children up at approximately
   4:30pm from Village Hall car park.

### Communication

07443 459074 - School Mob

01938 810821 - Redridge

Twitter: @kmprimary

## Deadlines



- Medical Forms deadline April 26th
- Full payment deadline May 10th

(Payments can be made in instalments)

## Questions?





The Red Ridge Centre has a great website with loads of helpful information on it:

#### www.redridgecentre.co.uk

If you feel the need to contact us before or after the trip, please email:

admin@kmprimary.leics.sch.uk





