

Accredited School



# ROUTE TO RESILIENCE

IN SCHOOL | AT HOME | FOR LIFE



**CHARACTER AND RESILIENCE IN PRIMARY SCHOOLS**

**A whole-school approach**

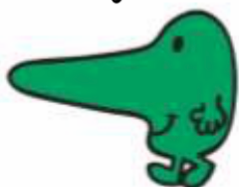
## INTRODUCTION: WHAT IS R2R?

At Kirby Muxloe Primary School, we not only recognise children's academic achievement, we celebrate the whole child. Developing happy, confident children with a strong sense of self and mind is the key to learning success.

By understanding, developing and using the character traits that make us unique, allows us to be the best version of ourselves.

## THE 'CHARACTER TRAITS' THAT KMPS WILL BE FOCUSING ON.

Mr. Nosey is curious



I like to ask questions.

Mr. Happy is enthusiastic



I am keen and ready to learn.

Mr. Brave is confident



I'm not afraid to have go.

I'm not afraid to have a go.

Mr. Cool has self-belief



I can achieve my goals.

Mr. Adventure will take risks



I face difficult challenges.

Mr. Small is independent



I might be small but I can do it.

Mr. Impossible is a problem solver



I use strategies to solve.

Mr. Chatterbox likes to co-operate



I work well with others.

Mr. Bounce perseveres



I never give up and always bounce back.

Mr Quiet is a good listener



I listen to & respect others.

Mr Tickle is learning self-control



I can make good choices.

Mr Cheerful is optimistic



I always look at the bright side.



## MISSION STATEMENT

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We value:

- The whole child.
- The importance of rewarding the process of learning, not just the final outcome.
- Building positive relationships with others.

## HOW KWPS WILL BUILD THESE CHARACTERISTICS.

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In order to equip children to become happy, healthy and successful in adulthood, our school is committed to building the personal characteristics needed.

We will:

- Introduce the 12 character traits and their meanings.
- Provide activities within class to apply and develop these further.
- Include character vocabulary in rewards and certificates.
- Provide regular opportunities for children to reflect on their own development.
- Encourage children to further their development through homework.
- Invite parents to take part in character-building exercises.

## WAYS YOU CAN SUPPORT YOUR CHILD.

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- Use the character trait vocabulary in everyday situations.
- Recognise and praise your child for showing such traits.
- Allow opportunities for children to develop traits, such as, encouraging independence and responsibility for their own belongings.
- Encourage your child not to give up when something is difficult and develop their courage to take risks and learn from their mistakes.
- Continue to model these traits to your children.



WORD	DEFINITION
Curiosity	A strong desire to know or learn something. Asking questions to learn more.
Enthusiasm	Ready and keen to learn all there is to know and to contribute and enjoy.
Confidence	Believing in yourself and your abilities. Not being afraid to try.
Self-Belief/Efficacy	Believing that through your actions, you can achieve.
Courage & Risk-Taking	The ability to face challenges, even if they are daunting. Appropriate risk-taking is trying things even if they might fail.
Independence	Not relying on others to do things for you. Showing that you can learn to do things for yourself.
Problem Solving	Using a variety of strategies and resources to help you solve something difficult.
Co-operation	The ability to work together. May involve compromise or self-sacrifice.
Perseverance	Not giving up when something is difficult, or you would rather be doing something else.
Listening/Communication	Listening politely and respecting other people's ideas. Sharing your own ideas freely and clearly with others.
Self-Control	Restraining yourself from doing something that may not be appropriate at the time.
Optimism	Thinking positively and seeing the bright side.

